

BIG BEGINNER TRAINING

Online equivalency course

Backpacking Interest Group (BIG)



Backpacking Interest Group (BIG)

INTRODUCTION

Watching the video associated with this training is equivalent to attending a 1 hour in-person presentation from the Northern California Backpacking Interest Group (BIG).

WHAT TO PACK

Learning Objective: at the end of this training, you will know what items to bring on a backpacking trip and why these items are critical.

VIDEO LINK AND PACKING LIST

Below is the link to the video.
Watch the entire content, approx. 40 minutes.

The video details all items on the packing list.

▶ [Video](#)

Below is the link to the packing list.
Print and bring to pre-trip check-in meetings.

Additional information can be found in the Training handout.

▶ [Packing List](#)
▶ [Training handout](#)

Questions or concerns? Email:

leaders@girlscoutbackpacking.net

The way to get started is to
quit talking and begin doing.

Walt Disney



THANK YOU

Created By Katy Rhynard



Backpacking Interest Group (BIG)